

Vayomithram

Kerala Social Security Mission is implementing the Vayomithram project which provides health care and support to elderly above the age of 65 years residing at Corporation/Municipal Areas in the state. The Vayomithram project mainly provides free medicines through mobile clinics, Palliative care, Help desk to the old age. The project implemented as a joint initiative to LSGD in the area. (Municipality/Corporation).

The project started its function on 2010-11 financial year in Kollam and Trivandrum Corporation and extended to 12 district head quarters in 11-12 financial year. As a part of extension of project 9 new projects were started in 12-13 financial year and 2 new projects in 13-14 year. (Total 25 projects)

KSSM has decided to start 9 more projects in the current financial year up on the priority of the basic support provided by the municipality. Marad (Ernakulam), Manjeri, Kottakkal (Malappuram), Vadakara (Calicut), Chalakkudy (Thrissur) municipalities has expressed their interest for the project.

1) Mobile clinic service.

Vayomithram provides medicines free of cost by conducting mobile clinics in ward basis in the area. There is no economic criteria for availing the service. Each mobile unit comprises of Medical Officer, Staff Nurse and JPHN.

2) Palliative care service

This service intends to provide palliative care for the bed ridden patients in the project area. Special trained nurses and JPHN's are available for the service.

3) Help Desk

Vayomithram co-ordinators provide help desk service to the needy old age in the area. The old age can avail the help from the vayomithram office.

4) Other services.

- Special Medical Camps are conducted in project area for aged (eye camp etc)
- Special entertainment programmes like Sallapam, Snehayathra were conducted mainly for the destitute in old age home and vayomithram beneficiaries
- Sponsorship programmes were conducted with the help of NGO's, Institutions in the area.
- Conducted special day programmes (Related to health and welfare) in the area.
- Counseling service has been providing by vayomithram co-ordinators with reference of doctors from mobile clinics.
- Active involvement of Vayomithram in Social issues related to old age in the area. (Rehabilitation etc).

VayoAmrutham

Evolution of finite health care protocols had added years to life thus resulting in increased old age population. But the lifestyle adopted by the majority population had lead to deteriorated health status and the emerging life style disease is enhancing the morbidity even though has been declined. The nuclear family in the present society has paved the way to more number of old age homes. Old age people are forced to isolate from nuclear families. From this problem the number of old age people from society is a big issue. The old age population is living with social isolation along with physical and mental health problems.

The Social Justice Department with the support of Indian System of Medicine department has implemented this new initiative in 15 Old age homes for the treatment of inmates who are suffering from health problems. Majority of cases treated as health ailments Diabetes, Asthma, Skin diseases, Arthritis, eye and ear diseases, etc. Health care also includes palliative care for bedridden and counselling.

As part of this scheme Ayurvedic treatment is being provided to the Inmates belonging to all the Government Old Age Homes functioning under Social Justice Department. The Inmate will be benefited with the service of a Medical Officer and an attender.

Age Friendly Panchayat

The age friendly panchayat implemented by Social Justice Department is a new initiative associated with State Old Age Policy, 2013. Converting all the panchayats in the State into age-friendly panchayats for ensuring good health, participation and assuring quality of life to the Senior Citizens is the objective of the programme.

Mandahasam

Mandahasam is a new initiative by Social Justice Department for giving free tooth set for the senior citizens. The scheme aims to reduce nutritional, physical and mental problems faced by the elderly people after losing teeth. The department would prepare a list of dental colleges and dental treatment centres from where the beneficiaries could avail treatment. It would also ensure the quality of artificial tooth and quality treatment by setting standards and norms.

Eligibility Criteria	<ul style="list-style-type: none">• Senior citizens who fall in BPL category would be eligible for the benefit under this scheme.
Benefit	One beneficiary would get maximum financial assistance of Rs.5,000/- for fixing the tooth.
Documents	<ul style="list-style-type: none">• Copy of Ration card/BPL certificate/Income

	certificate from concerned Village Officer
	<ul style="list-style-type: none">• Copy of Aadhar card/ Election ID/Certificate from Medical Officer• Certificate in the prescribed format from a Dentist

Integrated Programme for Older Persons

Integrated Programme for Older Persons - A Central Sector Scheme to improve the quality of life of the Older Persons

The main objective of the Scheme is to improve the quality of life of the Older Persons by providing basic amenities like shelter, food, medical care and entertainment opportunities and by encouraging productive and active ageing through providing support for capacity building of Government/Non-Governmental Organizations/Panchayati Raj Institutions/local bodies and the Community at large.

Assistance under the scheme will be given to the Panchayati Raj Institutions/local bodies and eligible Non-Governmental Voluntary Organizations for the following purposes:-

- (i) Programmes catering to the basic needs of Older Persons particularly food, shelter and health care to the destitute elderly;
- (ii) Programmes to build and strengthen intergenerational relationships particularly between children/ youth and Older Persons;
- (iii) Programmes for encouraging Active and Productive Ageing;
- (iv) Programmes for providing Institutional as well as Non Institutional Care/Services to Older Persons;
- (v) Research, Advocacy and Awareness building programmes in the field of Ageing; and
- (vi) Any other programmes in the best interests of Older Persons

Extent of Support to the Project

(i) Up to 90% of the cost of the project indicated in the scheme will be provided by the Government of India and the remaining shall be borne by the organization/institution concerned.

(ii) In the case of schools, colleges, Educational Institutions and recognized youth organizations such as Nehru Yuvak Kendra Sanghathan (NYKS) and the National Service Scheme (NSS) undertaking programmes and services for Older Persons, up to 100% cost of the project indicated in the scheme shall be provided by the Government.

Implementing Agencies

Under the scheme, assistance will be sanctioned to the following agencies subject to terms and conditions laid down by this Ministry:-

- Panchayati Raj Institutions/Local bodies
- Non-Governmental Voluntary Organizations
- Institutions or Organizations set up by Government as autonomous/subordinate bodies
- Government Recognized Educational Institutions, Charitable Hospitals/Nursing Homes, and recognized youth organizations such as Nehru Yuvak Kendra Sanghathan (NYKS).
- In exceptional case, financial assistance under the Scheme shall also be provided to State Governments/Union Territory administrations.

‘Sayamprabha Home’-Comprehensive scheme for Senior citizens

The number of elderly population in India is growing rapidly. Nowadays one of the most widespread problems faced by senior citizens is loneliness in family atmosphere. Elderly men and women who lost their partners suffer isolation at home during daytime due to lack of company when their children go to work and grandchildren go to schools.

We need to improve the protection of older person’s rights so that elderly people can fully enjoy their human rights. Senior citizens should also be brought to mainstream of the society along with others to create a better living situation. The State Government is initiating steps for setting up Community Care Centers in each block panchayat.

“Sayamprabha Home” project is a new initiative of Social Justice Department that provides Day Care facilities in co-operation with LSGD institutions. These Day care centres will provide the most required services and help on a barrier free platform to the old age people in their age of need. These day care facilities offer an opportunity for the senior citizens to mingle with their own age group; it can also provide solace to elderly who suffer loneliness during daytime. As an initial phase 70 such Day care centres have been identified operated by LSGD institutions which will provide counseling programmes, Yoga meditation programmes to the Senior Citizens.

Beneficiaries

Persons above 60 years of age from the concerned Panchayats / Municipalities / Corporations will be benefited from this project. At least 20 beneficiaries from each Sayamprabha Homes can be provided with the services.

Key services provided through Sayamprabha Homes

- Create opportunity for social interaction among senior citizens.
- Provide yoga training classes.
- The centres offer wide range of activities to keep the elderly occupied with activities designed to meet physical, emotional and social needs.
- Engage them in activities which include physiotherapy, meditation, counseling, medical check-ups, etc.
- To provide food atleast 2 times a day for senior citizens who suffer from malnutrition.